



MilkMan 5000 Results

OVERALL RESULTS – WOMEN

1. Susan Keighron – Auburn, WA
2. Linda Minami – Kent, WA
3. Mari Ann James – Renton, WA

OVERALL RESULTS – MEN

1. Joseph Gray – Newcastle, WA
2. Mohamud Abdi – Renton, WA
3. Luck Garcia – Renton, WA

<u>Girls 12 & Under</u> 1. Sierra Alvarado 2. Ashlyn Ramos 3. Kyleigh Ramos	<u>Boys 12 & Under</u> 1. Charlie Miller 2. Anthony Alvarado 3. Cameron Hatter
<u>Girls 13-16</u> 1. Rose Carolina Castaneda 2. Brianna Woods 3. Madison Murphy	<u>Boys 13-16</u> 1. Mohamud Abdi 2. Jerry Behrens 3. Jackson Carter
<u>Girls 17-19 Junior</u> 1. Hallie Hominda	<u>Boys 17-19 Junior</u> 2. Luke Garcia 3. Mark Garcia 4. Travis Downen
<u>Women 20-29</u> 1. Sara Ward 2. Rachel Hilligoss 3. Emily Songe	<u>Men 20-29</u> 1. Joseph Gray 2. Jeff Rasor 3. Jaireme Barrow
<u>Women 30-39</u> 1. Susan Keighron 2. Mari Ann James 3. Julie Kinzer	<u>Men 30-39</u> 1. Phil Rock 2. Sean Kato 3. Leslie Mawing
<u>Women 40-49</u> 1. Linda Minami 2. Susan Drummond 3. Jennifer Thom	<u>Men 40-49</u> 1. Laszlo Kolyuek 2. Bradley Nelson 3. Brian Gallagher
<u>Women 50-59</u> 1. Cindy Cardenas 2. Jane Unbehagen 3. Anna Bennett	<u>Men 50-59</u> 1. Michael Hominda 2. Fred Wilberding 3. Michael Seabeck
<u>Women 60-69</u> 1. Sandy Slinger 2. Alicia Lee	<u>Men 60-69</u> 1. Tom Breen 2. Ray Arrington 3. David Panther
	<u>Men 70-79</u> 1. Larry Wright 2. Joseph Lee